

#UNHEARD NO MORE



*No more waiting. No more dismissal. No more fragmented care. We call on the Government to fund specialist one-stop endometriosis centres, recognise endometriosis within national primary care quality frameworks, invest in research, and deliver meaningful reform **now**.*

Dear (MP name)

I am writing to you as one of your constituents to ask for your support in addressing one of the most overlooked and underfunded health inequalities in the UK: endometriosis.

Endometriosis affects 1.5 million women and those assigned female at birth in the UK, yet many endure years of debilitating pain, fatigue, infertility and other life-changing symptoms before receiving a diagnosis. During that time, they are too often dismissed, misdiagnosed or told that their suffering is “normal”. This is not only unacceptable, it represents a systemic failure in women’s healthcare.

Although I welcome the increased attention being given to women’s health and the recent commitments to improve care, these plans do not go far enough or move quickly enough. At present it is taking 9 years and 4 months to get a diagnosis. People living with endometriosis cannot wait another decade for meaningful reform. They need urgent, visible and measurable action now.

The current system is fragmented. Patients are routinely passed between GPs, imaging departments, consultants, pain clinics, fertility services and surgical teams, often repeating their story at every appointment while facing long waits and inconsistent care. This approach delays diagnosis, increases NHS costs and leaves patients feeling abandoned.

I urge you to work with Parliament and the Government to champion the following changes:

- **Establish One-stop Endometriosis Clinic in every major city and region**, providing seamless access to expert multidisciplinary care under one roof. These centres should include transvaginal ultrasound, specialist 3D scan, MRI, endometriosis gynaecology consultants, specialist in pain management, fertility services, pelvic health physiotherapy and psychological support and coordinated long-term follow-up.
- **Reduce diagnostic delays** by improving referral pathways and ensuring earlier access to specialist assessment and diagnostic services.
- **Introduce mandatory education and training for healthcare professionals** so that symptoms are recognised promptly and patients are listened to, believed and treated with dignity.
- **Increase investment in research and innovation** to improve diagnosis, treatment options and long-term outcomes, with the goal of early diagnosis and curing this disease.
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- **Address the systemic dismissal of women’s pain and symptoms**, ensuring that endometriosis is recognised as the serious chronic disease that it is.
- **Recognise endometriosis within the NHS Quality and Outcomes Framework (QOF), or an equivalent national incentive programme**, by introducing a dedicated disease register and quality measures for primary care. It is unacceptable that a condition affecting so many women with profound personal, social and economy costing the UK economy 12.6 billion per year

Endometriosis must be prioritised in the same way as many other long-term conditions. Better recognition would encourage earlier identification, appropriate coding, timely referrals and improved continuity of care.

- **Accelerate the implementation of women’s health commitments**, with clear milestones, transparency and accountability, so that patients experience meaningful improvements within this Parliament rather than waiting years for promised change.

I ask that you raise these issues in Parliament, engage with the relevant ministers and actively support policies that will transform endometriosis care across the UK. In particular, I ask that you champion the creation of specialist one-stop centres, advocate for the inclusion of endometriosis within national primary care quality frameworks, and press for sustained investment in research, education and specialist services.

Endometriosis is not “just a bad period”. It is a chronic, progressive disease that can affect every aspect of a women’s life, including education, employment, fertility, relationships and mental health. No one should have to spend years fighting to be believed or navigating a maze of disconnected services to receive appropriate care.

My personal experience is:

[Please add your own story here. Explain how endometriosis has affected your health, work, education, finances, fertility, relationships or wellbeing. Personal stories help demonstrate the urgent need for change.]

I would be grateful to know what action you will take to support these priorities and improve outcomes for people living with endometriosis.

Women have waited long enough. The time for incremental change has passed. We need decisive leadership, meaningful investment and a healthcare system that finally gives endometriosis, and women’s health more broadly the priority it deserves.

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Yours sincerely,

Your Name

Your Address or Postcode